

The only raw foods DVD you'll ever need

is designed specifically for busy people and beginners! Enjoy over 20 recipe demonstrations in the first 30 minutes, plus in-depth live class footage and audience questions answered by best-selling author Jordan Maerin.



“[Jordan’s] instruction on this DVD is easy to follow and is

helpful to anyone...”

- Thor & Jolie Bazler, Rawpower.com

“Jordan Maerin’s new DVD *Raw Foods for Busy People* is

...a must have!”

- Christie Kellogg
Certified Raw Food
Chef & Instructor,
Rawinanutshell.com



Use the DVD’s interactive menu to skip ahead to your favorite chapters...

- Chapter 1:** Introduction
- Chapter 2:** Creamy Avocadoes
- Chapter 3:** Simple Marinades
- Chapter 4:** Fun with Fruit
- Chapter 5:** Sunflower Pate
- Chapter 6:** Live Pasta Class
- Chapter 7:** Live Pasta Sauce Demo
- Chapter 8:** Snack Foods Class
- Chapter 9:** Dehydrators Explained
- Chapter 10:** Q&A with Jordan

Running time: 80 minutes



**VEGGIES
everywhere!**

www.rawfoodsforbusypeople.com

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